

Daily Meals at Junior 5 Talenters

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Morning Snack:</u> <u>Sandwiches</u> Peanut butter Chocolate Spread Melrose Cheese Spread Jam Juice or milk	<u>Morning Snack:</u> Yogurt Apples Bananas Juice or milk	<u>Morning Snack:</u> <u>Sandwiches</u> Peanut butter Chocolate Spread Cheese Ham Juice or milk	<u>Morning Snack:</u> Yogurt Apples Bananas Juice or milk	<u>Morning Snack:</u> <u>Sandwiches</u> Peanut butter Chocolate Spread Melrose Cheese Spread Jam Juice or milk
<u>Lunch:</u> Mash & mince Juice or water	<u>Lunch:</u> Rice & veggies Juice or water	<u>Lunch:</u> French toast & cheese muffins Juice or water	<u>Lunch:</u> Rice & Chicken Juice or water	<u>Lunch:</u> Mac & cheese Juice or water
<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack

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<u>Lunch:</u> Rice & mince Juice or water	<u>Lunch:</u> Mac, Chicken & veggies Juice or water	<u>Lunch:</u> Mash & mince Juice or water	<u>Lunch:</u> Spaghetti & chicken Juice or water	<u>Lunch:</u> Nuggets & chips Juice or water
<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack

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<u>Lunch:</u> Rice & mince Juice or water	<u>Lunch:</u> Rice, corn & bacon Juice or water	<u>Lunch:</u> Mash & viennas Juice or water	<u>Lunch:</u> Mac, chicken & veggies Juice or water	<u>Lunch:</u> Spaghetti & meatballs Juice or water
<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack

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<u>Lunch:</u> Mac, Chicken & cheese Juice or water	<u>Lunch:</u> Spaghetti & meatballs Juice or water	<u>Lunch:</u> Mac & cheese Juice or water	<u>Lunch:</u> Mash & chicken Juice or water	<u>Lunch:</u> Rice, corn & bacon Juice or water
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<u>Lunch:</u> French toast & cheese muffins Juice or water	<u>Lunch:</u> Mac, corn & bacon Juice or water	<u>Lunch:</u> Mash & veggies Juice or water	<u>Lunch:</u> Rice, mince & corn Juice or water	<u>Lunch:</u> Cottage Pie Juice or water
<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack	<u>P.M Snack:</u> Mommy snack